



January 2021 Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Registration required for all programs except take out meals and markets</p> <p>See back for details</p>	<p>5</p> <p>Take-home Meal Box pick up (1pm – 4pm) *registration required</p>	<p>6</p>	<p>7</p> <p>Healthy Dinner Takeout (free) 3:30pm-6pm</p>	<p>8</p> <p>Produce Market (low-cost) 9:30am-12pm</p> <p>Healthy Lunch Takeout (free) 9:30 am-12pm</p> <p>Winter Nature Walks 10:30-11:30am</p>	<p>9</p>
<p>11</p>	<p>12</p> <p>Take-home Meal Box pick up (1pm – 4pm) *registration required</p>	<p>13</p> <p>Kids Club Online Gardening and Nature Program. Registration Required. 4:00 – 4:45 pm</p>	<p>14</p> <p>Healthy Dinner Takeout (free) 3:30pm-6pm</p>	<p>15</p> <p>Produce Market (low cost) 9:30am-12pm</p> <p>Healthy Lunch Takeout (free) 9:30am-12pm</p> <p>Winter Nature Walks 10:30-11:30am</p>	<p>16</p>
<p>18</p>	<p>19</p> <p>Take-home Meal Box pick up (1pm – 4pm) *registration required</p> <p>Cookin' Up Justice (online) 4pm- 6pm</p>	<p>20</p> <p>Kids Club Online Gardening and Nature Program. Registration Required. 4:00 – 4:45 pm</p>	<p>21</p> <p>Healthy Dinner Takeout (free) 3:30pm-6pm</p>	<p>22</p> <p>Produce Market (low cost) 9:30am-12pm</p> <p>Healthy Lunch Takeout (free) 9:30am-12pm</p> <p>Winter Nature Walks 10:30-11:30am</p>	<p>23</p> <p>Produce Market (low cost) 10 am-12:30 pm</p>
<p>25</p> <p>Learning from Food (online Program) 3 pm – 4 pm</p>	<p>26</p> <p>Take-home Meal Box pick up (1pm – 4pm) *registration required</p>	<p>27</p> <p>Kids Club Online Gardening and Nature Program. Registration Required. 4:00 – 4:45 pm</p>	<p>28</p> <p>Healthy Dinner Takeout (free) 3:30pm-6pm</p>	<p>29</p> <p>Produce Market (low cost) 9:30am-12pm</p> <p>Healthy Lunch Takeout (free) 9:30am-12pm</p> <p>Winter Nature Walks 10:30-</p>	<p>30</p> <p>Produce Market (low cost) 10 am-12:30 pm</p>

Program Summaries and How to Register

Due to the Province-wide lockdown, during the month of January, we will be holding virtual programs, and open for take-out and pick-up meal and market services only. We appreciate if you stay home if feeling sick and wear a mask when on-site. Be well!

Drop-in Programs – NO REGISTRATION

Thursday Dinner Take-Out

Thursdays, 3:30 – 6:00 pm

Pick up a hearty nourishing dinner to go for your family, made with care. No cost.

Affordable Produce Market

Fridays, 9:30 – 12:00 pm

The Market sells fresh fruits and vegetables at a low cost. Local and organic choices are featured. Info is provided to help you learn about some of your new favourite foods!

Starting on January 23rd – Saturday market!

Saturdays, 9:30 – 12:00

Same great low-cost fresh produce market, just on a different day.

Friday Lunch Take-Out

Fridays, 9:30 – 12:00 pm

Enjoy a light nutritious lunch highlighting a variety of fresh ingredients. No cost.

Registration Programs

Winter Nature Walks

10:30-11:30 – Walk departing from the patio at the Food Centre (310 Limeridge Rd. W.)

Contact LeeAnne to register or for more information: lmacgregor@n2ncentre.com or 905-574-1334, ext 308

Learning from Food

Join an online conversation about food and the land and people who feed us. Open to anyone, contact Caitlin at ccraven@n2ncentre.com or 905-574-1334 ext 304 for the link.

Registration Programs

Cookin' Up Justice Youth Cooking Meet Up

Who: Youth ages 13-18

When: Every other Tuesday, see calendar for specific dates, 4:00 – 6:00 pm

Join us from home, pick up an ingredient box first. Cook and share in exciting conversation.

Talk to Caitlin for details and to register:

ccraven@n2ncentre.com or 905-574-1334, ext 304

Meal Box Program

Participants will get a simple dinner recipe with complete ingredients to make at home. The recipes will feature in season or available ingredients. Registration required. Contact Caitlin at ccraven@n2ncentre.com or 905-584-1334 ext 304.

Kids Club Online Cooking and Gardening Program

Who: Children ages 6-12

When: Wednesdays from 4:00 – 4:45 pm

Contact Amy for details and to register; aangelo@n2ncentre.com or 905-574-1334, ext 302

